



BUBBLING OVER

SMALL GROUP ACTIVITY

LESSON FIVE

Joy: I Will Be Joyful Because God Loves Me.



Purpose: The purpose of this object lesson is to show the children that when we focus on God's love for us, our lives will bubble over with joy.

Description: The children will see an object lesson with vinegar and baking soda bubbling out of a cup. The teacher will explain that God's love for us can cause us to bubble over with joy.

Materials Needed: For this activity you will need this help sheet, a container of vinegar, and a container of baking soda.

Note: Make sure to test AHEAD OF TIME the ratio of how much baking soda and vinegar you need to get the desired effect.



To introduce this activity, say the following:

1. Something happens to us when we are joyful.
2. Our lives just bubble over with excitement.
3. I want to show you something.

For detailed instructions on how to do the activity see the DVD.



During the activity, say the following:

1. Let's imagine that this cup of vinegar is like your life.
2. Not too exciting.
3. Now let's imagine that this baking soda is the kind of joy that Jesus promised to give His disciples.
4. What are some things about God's love that can make us joyful? *(I can go to heaven because of Jesus. God loves everybody. God loves me even when I mess up. God sent Jesus because He loves me. Jesus loved me enough to die for my sins.)*

Note: For each answer that the kids give add some baking soda to the vinegar. When it bubbles over continue.

5. If we focus on all the wonderful things about God's love, our lives will bubble over with joy.



After the activity, say the following:

1. When we remember how much God loves us and we look around and see all the wonderful things He has done to show us His love, we can't help being joyful!

Summary: Just like in this activity the joy bubbled out of the cup, when we focus on the fact that God loves us, we won't be able to contain our joy. It will come out of us in ways that others will notice.